SPA

MARE NOSTRUM



MOMENTS OF WELLBEING

Here are our body and aesthetic treatments designed for moments of absolute relaxation, serenity and reconnecting with yourself. Recover the balance between your body, skin and mind. Revel in that sense of wellbeing that shows itself through beauty.

Begin an authentic odyssey of sensations through our SPA circuit: indoor pool with waterfalls, sauna, steam bath, foot bath, salt chamber and tropical and sequence sensory showers.



MASSAGES AND RITUALS

RELAX MASSAGE

Back and/or leg massage with essential oils to relax the muscles.

25 min. 50 €

EQUILIBRIUM MASSAGE

Complete massage with essential oils to reach a deep connection between body and mind.

50 min. 79 €

CRANIOFACIAL MASSAGE

A combination of different massage techniques that helps to relieve tension, improves the appearance of the skin and reduces headaches and migraines.

25 min. 49 €

FOOT MASSAGE

Different foot massage techniques to balance body and mind.

25 min. 49 €

EXFOLIATING RITUAL

Deep cleansing treatment to moisturise and soften your skin.

50 min. 60 € - 80 min. 89 €

THERMAL ALGAE RITUAL

Treatment to help eliminate toxins and replenish the skin with vitamins and minerals.

50 min. 65 € - 80 min. 95 €

WINE THERAPY RITUAL

Relaxing treatment to alleviate premature ageing of the skin.

50 min. 65 € - 80 min. 95 €

CHOCOLATE RITUAL

A treatment that provides minerals, trace elements and vitamins, nourishes and moisturises the skin while soothing the senses.

50 min. 65 € - 80 min. 95 €

HOT VOLCANIC STONES MASSAGE

Ideal massage to relax the muscles, easing the flow of vital energy and balancing body and mind.

50 min. 85 €

PINDA MASSAGE

A massage using hot pouches that contain a mixture of aromatic herbs, rice, sea salt and essential oils that moisturise and relax the body and mind.

50 min. 85 €

CANE AND BAMBOO MASSAGE

It is energetic balancing and revitalizing. Helps to reduce fat and cellulite and relaxes the muscles.

50 min. 85 €

DUORELAX (FOR COUPLES)

Combination of a 25 minute relaxing massage and a 25 minute hot stone treatment on the back.

50 min. 115 €

SERENE OASIS FACE AND BODY RITUAL

A 25-minute relaxing ayurvedic massage for your back, neck and head with 25 minutes of express facial treatment with oils, essences and ayurvedic muds to detox, hydrate and bring shine to damaged, worn-out skin.

50 min. 95 €

ORIENTAL ROSE FACE AND BODY RITUAL

Holistic ayuverdic ritual that exfoliates and hydrates your body using sea salt and sublime ayuverdic oils, with an anti-ageing facial treatment that uses sublime damascene rose oil and hyaluronic acid, revitalising, nurturing and oxygenating your skin.

80 min. 125 €

FACIAL TREATMENTS

HYDRO-FLASH EXPRESS

Treatment with flash effect for a hydrated, rested and luminous skin.

25 min. 55 €

GOLDEN SKIN & CRYSTAL SPHERES RITUAL

Exclusive ritual, combining the antioxidant properties and tightening effects of gold dust with the hydrating power of hyaluronic acid and the decongesting action of a cryogenic crystal sphere massage.

50 min. 79 €

ORIENTAL ROSE FACIAL TREATMENT

Rejuvenating, nourishing and firming treatment with sublime damascene rose oil and a hyaluronic acid face mask, giving your skin a younger, firmer and nurtured look.

50 min. 79 €

SERENITY FACIAL TREATMENT

Anti-ageing treatment based on oils, essences and ayurvedic muds to oxygenate, detox and hydrate your skin, leaving it fresh, radiant and glowing.

50 min. 79 €

CRYSTAL SPHERES MASSAGE

A sophisticated, ultra-relaxing treatment combining the cooling effect of cryotherapy with smooth, fluid movements. Designed to reduce puffiness, alleviate stress, and restore a natural radiance to both face.

25 min. 49 €